The Stockton Economic Empowerment Demonstration (SEED) is the nation's first mayor-led guaranteed income initiative. In February 2019, we began giving 125 randomly selected Stocktonians a guaranteed income of $500 per month, for 18 months. The cash is unconditional - no strings attached and no work requirements. In October 2019, we released demographic details as well as impact data for the five months of disbursements.

**Who's receiving the $500, and what's the impact?**

- **70%** of recipients identify as female
- **$1,800** recipients' median monthly household income before SEED
- **37%** of recipients identify as Hispanic, Latinx, or of Spanish origin
  - 47% White
  - 28% Black or African American
  - 11% Asian
  - 2% American Indian
  - 2% Pacific Islander
  - 10% Other
- **43%** of recipients are employed full- or part-time
- **20%** are disabled, not working
- **11%** care-takers
- **11%** looking for work
- **40%** of money is spent on food
  - Merchandise makes up 25% of purchases, and utilities about 11-12%
- **Less than 2%** of SEED recipients are unemployed and not looking for work

"My health feels a lot lot better. I was stressed out, my body was wearing out...I feel healthier, I have more energy, I'm able to just relax and have fun I guess have fun. Having fun with my kids, that's the biggest thing right now. It's only six months right now. Six months and it opened my eyes to a whole bunch of different things."

-- Tomas Vargas, SEED Recipient